

CanMEDS Scholar  
Teaching tool T3  
Guided Reflection

**Planning for Learning**

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Completed by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Review the questions below and consider how you would answer them.

**Learning**

• How do you like to learn?

• How do you know what is expected of you as a learner?

• What motivates you to learn?

• What sorts of things help you improve your performance?

• Describe a supportive/safe learning climate. How important is this to you as a learner?

• Do you fi nd it easy to ask for feedback? Who do you ask for feedback?

• Any top line lessons for you as learner?

**Teaching**

• Who are your learners?

• Are there types of learners you fi nd easier or more enjoyable to teach? Why do you think that is?

• How do you like to teach in the clinical setting?

• What are some ways you motivate or support your learners?

• How do you improve the performance of your learners?

• How can you be ‘learner centred’?

• How do you provide a supportive/safe learning climate for your learners?

• Do you fi nd it easy to provide feedback? If you were to give tips on providing feedback to a colleague, what three things would you tell them?

If working with others discuss your responses as a group.

In the space provided below, write down what you learned from this exercise and describe how it will change how you learn and/or how you teach.